

LIVE ONLINE COURSE

Session #1: May 5, 2022	1:30pm – 6:00pm
Session #2: May 9, 2022	1:30pm – 6:00pm
Session #3: May 12, 2022	1:30pm – 6:00pm
Session #4: May 10, 2022	1:30pm – 6:00pm
Session #5: May 12, 2022	1:30pm – 5:30pm
Session #6: May 11, 2022	1:30pm – 5:30pm

*All Times are Eastern Standard Time

Registration deadline April 26th, 2022 at 5pm EST

LIVE ONLINE COURSE

Session #1: May 16, 2022	9:00am – 1:30pm
Session #2: May 17, 2022	9:00am – 1:30pm
Session #3: May 19, 2022	9:00am – 1:30pm
Session #4: May 20, 2022	9:00am – 1:30pm
Session #5: May 24, 2022	9:00am – 1:00pm
Session #6: May 25, 2022	9:00am – 1:00pm

*All Times are Eastern Standard Time

Registration deadline May 5th, 2022 at 5pm EST

LIVE ONLINE COURSE

Session #1: May 26, 2022	9:00am – 1:30pm
Session #2: May 27, 2022	9:00am – 1:30pm
Session #3: May 30, 2022	9:00am – 1:30pm
Session #4: May 31, 2022	9:00am – 1:30pm
Session #5: June 2, 2022	9:00am – 1:00pm
Session #6: June 3, 2022	9:00am – 1:00pm

*All Times are Eastern Standard Time

Registration deadline May 17th, 2022 at 5pm EST

LIVE ONLINE COURSE

Session #1: June 6, 2022	1:30pm – 6:00pm
Session #2: June 7, 2022	1:30pm – 6:00pm
Session #3: June 9, 2022	1:30pm – 6:00pm
Session #4: June 10, 2022	1:30pm – 6:00pm
Session #5: June 13, 2022	1:30pm – 5:30pm
Session #6: June 14, 2022	1:30pm – 5:30pm

*All Times are Eastern Standard Time

Registration deadline May 26th, 2022 at 5pm EST

LIVE ONLINE COURSE

Session #1: June 16, 2022	9:00am – 1:30pm
Session #2: June 17, 2022	9:00am – 1:30pm
Session #3: June 20, 2022	9:00am – 1:30pm
Session #4: June 21, 2022	9:00am – 1:30pm
Session #5: June 23, 2022	9:00am – 1:00pm
Session #6: June 24, 2022	9:00am – 1:00pm

*All Times are Eastern Standard Time

Registration deadline June 7th, 2022 at 5pm EST

To register please contact GLPTI directly at GLPTI@goodlifefitness.com or 514-609-4205

