

LIVE ONLINE COURSE

Session #1: April 3, 2025	5:00pm – 9:30pm
Session #2: April 4, 2025	5:00pm – 9:30pm
Session #3: April 7, 2025	5:00pm – 9:30pm
Session #4: April 8, 2025	5:00pm – 9:30pm
Session #5: April 10, 2025	5:00pm – 9:30pm
Session #6: April 11, 2025	5:00pm – 9:30pm

On-line Exam: May 7th, 2025 5:00pm – 8:15pm

***All Times are Eastern Standard Time**

Registration deadline March 27th, 2025 at 5pm EST

LIVE IN-PERSON COURSE

Calgary, AB: GoodLife Fitness, 2929 Sunridge Way, Calgary, AB T1Y 7K7

Session #1: April 5, 2025	10:00am – 5:00pm
Session #2: April 6, 2025	10:00am – 5:00pm
Session #3: April 12, 2025	10:00am – 5:00pm
Session #4: April 13, 2025	10:00am – 5:00pm

On-line Exam: May 10th, 2025 9:00am – 12:15pm

***All Times are Mountain Standard Time**

Registration deadline March 27th, 2025 at 3pm MST

LIVE IN-PERSON COURSE

Toronto, ON: GoodLife Fitness, 7 Station Street, Toronto, ON M5J 1C3

Session #1: April 5, 2025	10:00am – 5:00pm
Session #2: April 6, 2025	10:00am – 5:00pm
Session #3: April 12, 2025	10:00am – 5:00pm
Session #4: April 13, 2025	10:00am – 5:00pm

On-line Exam: May 10th, 2025 11:00am – 2:15pm

***All Times are Eastern Standard Time**

Registration deadline March 27th, 2025 at 5pm EST

LIVE ONLINE COURSE

Session #1: April 21, 2025	9:00am - 1:30pm
Session #2: April 22, 2025	9:00am - 1:30pm
Session #3: April 24, 2025	9:00am - 1:30pm
Session #4: April 25, 2025	9:00am - 1:30pm
Session #5: April 28, 2025	9:00am - 1:30pm
Session #6: April 29, 2025	9:00am - 1:30pm

On-line Exam: May 21st, 2025 9:00am – 12:15pm

***All Times are Eastern Standard Time**

Registration deadline April 15th, 2025 at 5pm EST

LIVE IN-PERSON COURSE

Burlington, ON: GoodLife Fitness, 777 Guelph Line, Burlington, ON L7R 3N2

Session #1: May 3, 2025	10:00am – 5:00pm
Session #2: May 4, 2025	10:00am – 5:00pm
Session #3: May 10, 2025	10:00am – 5:00pm
Session #4: May 11, 2025	10:00am – 5:00pm

On-line Exam: June 7th, 2025 9:00am – 12:15pm

***All Times are Eastern Standard Time**

Registration deadline April 24th, 2025 at 5pm EST

LIVE IN-PERSON COURSE

Ottawa, ON: GoodLife Fitness, 5 Roydon PI Ottawa, ON K2E 1A3

Session #1: May 3, 2025	10:00am – 5:00pm
Session #2: May 4, 2025	10:00am – 5:00pm
Session #3: May 10, 2025	10:00am – 5:00pm
Session #4: May 11, 2025	10:00am – 5:00pm

On-line Exam: June 7th, 2025 9:00am – 12:15pm

***All Times are Eastern Standard Time**

Registration deadline April 24th, 2025 at 5pm EST

LIVE ONLINE COURSE

Session #1: May 5, 2025	5:00pm – 9:30pm
Session #2: May 6, 2025	5:00pm – 9:30pm
Session #3: May 8, 2025	5:00pm – 9:30pm
Session #4: May 9, 2025	5:00pm – 9:30pm
Session #5: May 12, 2025	5:00pm – 9:30pm
Session #6: May 13, 2025	5:00pm – 9:30pm

On-line Exam: June 10th, 2025 5:00pm – 8:15pm

***All Times are Eastern Standard Time**

Registration deadline April 28th, 2025 at 5pm EST

LIVE ONLINE COURSE

Session #1: May 22, 2025	9:00am - 1:30pm
Session #2: May 23, 2025	9:00am - 1:30pm
Session #3: May 26, 2025	9:00am - 1:30pm
Session #4: May 27, 2025	9:00am - 1:30pm
Session #5: May 29, 2025	9:00am - 1:30pm
Session #6: May 30, 2025	9:00am - 1:30pm

On-line Exam: June 20th, 2025 9:00am – 12:15pm

***All Times are Eastern Standard Time**

Registration deadline May 15th, 2025 at 5pm EST

LIVE ONLINE COURSE

Session #1: June 9, 2025	9:00am - 1:30pm
Session #2: June 10, 2025	9:00am - 1:30pm
Session #3: June 12, 2025	9:00am - 1:30pm
Session #4: June 13, 2025	9:00am - 1:30pm
Session #5: June 16, 2025	9:00am - 1:30pm
Session #6: June 17, 2025	9:00am - 1:30pm
On-line Exam: July 9 th , 2025	9:00am – 12:15pm

***All Times are Eastern Standard Time**

Registration deadline June 2nd, 2025 at 5pm EST

LIVE IN-PERSON COURSE

Calgary, AB: GoodLife Fitness, 2929 Sunridge Way, Calgary, AB T1Y 7K7

Session #1: June 14, 2025	10:00am – 5:00pm
Session #2: June 15, 2025	10:00am – 5:00pm
Session #3: June 21, 2025	10:00am – 5:00pm
Session #4: June 22, 2025	10:00am – 5:00pm
On-line Exam: July 19 th , 2025	10:00am – 1:15pm

***All Times are Mountain Standard Time**

Registration deadline June 5th, 2025 at 3pm MST

LIVE IN-PERSON COURSE

Toronto, ON: GoodLife Fitness, 7 Station Street, Toronto, ON M5J 1C3

Session #1: June 14, 2025	10:00am – 5:00pm
Session #2: June 15, 2025	10:00am – 5:00pm
Session #3: June 21, 2025	10:00am – 5:00pm
Session #4: June 22, 2025	10:00am – 5:00pm
On-line Exam: July 19 th , 2025	12:00pm – 3:15pm

***All Times are Eastern Standard Time**

Registration deadline June 5th, 2025 at 5pm EST

To register please contact GLPTI at 1-800-790-9269 ext. 546 or visit a GoodLife Fitness location near you.

