

LIVE IN-PERSON COURSE

Burlington, ON: GoodLife Fitness, 777 Guelph Line, Burlington, ON L7R 3N2

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|----------------------------|------------------|
| Session #1: March 17, 2025 | 10:00am – 5:00pm |
| Session #2: March 18, 2025 | 10:00am – 5:00pm |
| Session #3: March 22, 2025 | 10:00am – 5:00pm |
| Session #4: March 23, 2025 | 10:00am – 5:00pm |

On-line Exam: April 19th, 2025 9:00am – 12:15pm

***All Times are Eastern Standard Time**

Registration deadline March 7th, 2025 at 5pm EST

**REGISTRATION
CLOSED**

LIVE IN-PERSON COURSE

Ottawa, ON: GoodLife Fitness, 5 Roydon Pl Ottawa, ON K2E 1A3

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|----------------------------|------------------|
| Session #1: March 17, 2025 | 10:00am – 5:00pm |
| Session #2: March 18, 2025 | 10:00am – 5:00pm |
| Session #3: March 22, 2025 | 10:00am – 5:00pm |
| Session #4: March 23, 2025 | 10:00am – 5:00pm |

On-line Exam: April 19th, 2025 9:00am – 12:15pm

***All Times are Eastern Standard Time**

Registration deadline March 7th, 2025 at 5pm EST

**REGISTRATION
CLOSED**

LIVE ONLINE COURSE

| | |
|----------------------------|-----------------|
| Session #1: March 20, 2025 | 9:00am - 1:30pm |
| Session #2: March 21, 2025 | 9:00am - 1:30pm |
| Session #3: March 24, 2025 | 9:00am - 1:30pm |
| Session #4: March 25, 2025 | 9:00am - 1:30pm |
| Session #5: March 27, 2025 | 9:00am - 1:30pm |
| Session #6: March 28, 2025 | 9:00am - 1:30pm |

On-line Exam: April 23rd, 2025 9:00am – 12:15pm

***All Times are Eastern Standard Time**

Registration deadline March 13th, 2025 at 5pm EST

LIVE ONLINE COURSE

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|----------------------------|-----------------|
| Session #1: April 3, 2025 | 5:00pm – 9:30pm |
| Session #2: April 4, 2025 | 5:00pm – 9:30pm |
| Session #3: April 7, 2025 | 5:00pm – 9:30pm |
| Session #4: April 8, 2025 | 5:00pm – 9:30pm |
| Session #5: April 10, 2025 | 5:00pm – 9:30pm |
| Session #6: April 11, 2025 | 5:00pm – 9:30pm |

On-line Exam: May 7th, 2025 5:00pm – 8:15pm

***All Times are Eastern Standard Time**

Registration deadline March 27th, 2025 at 5pm EST

LIVE IN-PERSON COURSE

Calgary, AB: GoodLife Fitness, 2929 Sunridge Way, Calgary, AB T1Y 7K7

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|----------------------------|------------------|
| Session #1: April 5, 2025 | 10:00am – 5:00pm |
| Session #2: April 6, 2025 | 10:00am – 5:00pm |
| Session #3: April 12, 2025 | 10:00am – 5:00pm |
| Session #4: April 13, 2025 | 10:00am – 5:00pm |

On-line Exam: May 10th, 2025 9:00am – 12:15pm

***All Times are Mountain Standard Time**

Registration deadline March 27th, 2025 at 3pm MST

LIVE IN-PERSON COURSE

Toronto, ON: GoodLife Fitness, 7 Station Street, Toronto, ON M5J 1C3

| | |
|----------------------------|------------------|
| Session #1: April 5, 2025 | 10:00am – 5:00pm |
| Session #2: April 6, 2025 | 10:00am – 5:00pm |
| Session #3: April 12, 2025 | 10:00am – 5:00pm |
| Session #4: April 13, 2025 | 10:00am – 5:00pm |

On-line Exam: May 10th, 2025 11:00am – 2:15pm

***All Times are Eastern Standard Time**

Registration deadline March 27th, 2025 at 5pm EST

LIVE ONLINE COURSE

| | |
|----------------------------|-----------------|
| Session #1: April 21, 2025 | 9:00am - 1:30pm |
| Session #2: April 22, 2025 | 9:00am - 1:30pm |
| Session #3: April 24, 2025 | 9:00am - 1:30pm |
| Session #4: April 25, 2025 | 9:00am - 1:30pm |
| Session #5: April 28, 2025 | 9:00am - 1:30pm |
| Session #6: April 29, 2025 | 9:00am - 1:30pm |

On-line Exam: May 21st, 2025 9:00am – 12:15pm

***All Times are Eastern Standard Time**

Registration deadline April 15th, 2025 at 5pm EST

LIVE IN-PERSON COURSE

Burlington, ON: GoodLife Fitness, 777 Guelph Line, Burlington, ON L7R 3N2

| | |
|--------------------------|------------------|
| Session #1: May 3, 2025 | 10:00am – 5:00pm |
| Session #2: May 4, 2025 | 10:00am – 5:00pm |
| Session #3: May 10, 2025 | 10:00am – 5:00pm |
| Session #4: May 11, 2025 | 10:00am – 5:00pm |

On-line Exam: June 7th, 2025 9:00am – 12:15pm

***All Times are Eastern Standard Time**

Registration deadline April 24th, 2025 at 5pm EST

LIVE IN-PERSON COURSE

Ottawa, ON: GoodLife Fitness, 5 Roydon Pl Ottawa, ON K2E 1A3

| | |
|--------------------------|------------------|
| Session #1: May 3, 2025 | 10:00am – 5:00pm |
| Session #2: May 4, 2025 | 10:00am – 5:00pm |
| Session #3: May 10, 2025 | 10:00am – 5:00pm |
| Session #4: May 11, 2025 | 10:00am – 5:00pm |

On-line Exam: June 7th, 2025 9:00am – 12:15pm

***All Times are Eastern Standard Time**

Registration deadline April 24th, 2025 at 5pm EST

LIVE ONLINE COURSE

| | |
|--------------------------|-----------------|
| Session #1: May 5, 2025 | 5:00pm – 9:30pm |
| Session #2: May 6, 2025 | 5:00pm – 9:30pm |
| Session #3: May 8, 2025 | 5:00pm – 9:30pm |
| Session #4: May 9, 2025 | 5:00pm – 9:30pm |
| Session #5: May 12, 2025 | 5:00pm – 9:30pm |
| Session #6: May 13, 2025 | 5:00pm – 9:30pm |

On-line Exam: June 10th, 2025 5:00pm – 8:15pm

***All Times are Eastern Standard Time**

Registration deadline April 28th, 2025 at 5pm EST

LIVE ONLINE COURSE

| | |
|--------------------------|-----------------|
| Session #1: May 22, 2025 | 9:00am - 1:30pm |
| Session #2: May 23, 2025 | 9:00am - 1:30pm |
| Session #3: May 26, 2025 | 9:00am - 1:30pm |
| Session #4: May 27, 2025 | 9:00am - 1:30pm |
| Session #5: May 29, 2025 | 9:00am - 1:30pm |
| Session #6: May 30, 2025 | 9:00am - 1:30pm |

On-line Exam: June 20th, 2025 9:00am – 12:15pm

***All Times are Eastern Standard Time**

Registration deadline May 15th, 2025 at 5pm EST

To register please contact GLPTI at 1-800-790-9269 ext. 546 or visit a GoodLife Fitness location near you.

