

**COURSE FULL  
REGISTRATION  
CLOSED**

## LIVE ONLINE COURSE

Session #1: November 21, 2024	9:00am - 1:30pm
Session #2: November 22, 2024	9:00am - 1:30pm
Session #3: November 25, 2024	9:00am - 1:30pm
Session #4: November 26, 2024	9:00am - 1:30pm
Session #5: November 27, 2024	9:00am - 1:30pm
Session #6: November 28, 2024	9:00am - 1:30pm

On-line Exam: December 18<sup>th</sup>, 2024 9:00am – 12:15pm

\*All Times are Eastern Standard Time

Registration deadline November 14<sup>th</sup>, 2024 at 5pm EST

## LIVE ONLINE COURSE

Session #1: December 5, 2024	5:00pm – 9:30pm
Session #2: December 6, 2024	5:00pm – 9:30pm
Session #3: December 9, 2024	5:00pm – 9:30pm
Session #4: December 10, 2024	5:00pm – 9:30pm
Session #5: December 12, 2024	5:00pm – 9:30pm
Session #6: December 13, 2024	5:00pm – 9:30pm

On-line Exam: January 7<sup>th</sup>, 2025 5:00pm – 8:15pm

\*All Times are Eastern Standard Time

Registration deadline November 28<sup>th</sup>, 2024 at 5pm EST

## LIVE IN-PERSON COURSE

**Calgary, AB:** GoodLife Fitness, 5111 Northland Drive NW, Calgary, AB T2L 2J8

Session #1: December 7, 2024	10:00am – 5:00pm
Session #2: December 8, 2024	10:00am – 5:00pm
Session #3: December 14, 2024	10:00am – 5:00pm
Session #4: December 15, 2024	10:00am – 5:00pm

On-line Exam: January 11<sup>th</sup>, 2025 10:00am – 1:15pm

\*All Times are Mountain Standard Time

Registration deadline November 28<sup>th</sup>, 2024 at 3pm MST

## LIVE IN-PERSON COURSE

**Thornhill, ON:** GoodLife Fitness, 8281 Yonge Street, Thornhill, ON L3T 2C7

Session #1: December 7, 2024	10:00am – 5:00pm
Session #2: December 8, 2024	10:00am – 5:00pm
Session #3: December 14, 2024	10:00am – 5:00pm
Session #4: December 15, 2024	10:00am – 5:00pm

On-line Exam: January 11<sup>th</sup>, 2024 12:00pm – 3:15pm

\*All Times are Eastern Standard Time

Registration deadline November 28<sup>th</sup>, 2024 at 5pm EST

## LIVE ONLINE COURSE

Session #1: January 9, 2025	9:00am - 1:30pm
Session #2: January 10, 2025	9:00am - 1:30pm
Session #3: January 13, 2025	9:00am - 1:30pm
Session #4: January 14, 2025	9:00am - 1:30pm
Session #5: January 16, 2025	9:00am - 1:30pm
Session #6: January 17, 2025	9:00am - 1:30pm

On-line Exam: February 12<sup>th</sup>, 2025 9:00am – 12:15pm

**\*All Times are Eastern Standard Time**

**Registration deadline January 2<sup>nd</sup>, 2025 at 5pm EST**

## LIVE IN-PERSON COURSE

**Burlington, ON:** GoodLife Fitness, 777 Guelph Line, Burlington, ON L7R 3N2

Session #1: January 11, 2025	10:00am – 5:00pm
Session #2: January 12, 2025	10:00am – 5:00pm
Session #3: January 18, 2025	10:00am – 5:00pm
Session #4: January 19, 2025	10:00am – 5:00pm

On-line Exam: February 15<sup>th</sup>, 2025 9:00am – 12:15pm

**\*All Times are Eastern Standard Time**

**Registration deadline January 3<sup>rd</sup>, 2025 at 5pm EST**

## LIVE IN-PERSON COURSE

**Ottawa, ON:** GoodLife Fitness, 5 Roydon Pl, Ottawa, ON K2E 1A3

Session #1: January 11, 2025	10:00am – 5:00pm
Session #2: January 12, 2025	10:00am – 5:00pm
Session #3: January 18, 2025	10:00am – 5:00pm
Session #4: January 19, 2025	10:00am – 5:00pm

On-line Exam: February 15<sup>th</sup>, 2025 9:00am – 12:15pm

**\*All Times are Eastern Standard Time**

**Registration deadline January 3<sup>rd</sup>, 2025 at 5pm EST**

**To register please contact GLPTI at 1-800-790-9269 ext. 546 or visit a GoodLife Fitness location near you.**

