

NOVEMBER 2021

LIVE ONLINE COURSE

National trainer: Marc Ikin

Session #1: November 11, 2021	9:00am – 1:00pm
Session #2: November 12, 2021	9:00am – 1:00pm
Session #3: November 15, 2021	9:00am – 1:00pm
Session #4: November 22, 2021	9:00am – 1:00pm
Session #5: November 24, 2021	9:00am – 1:00pm
Session #6: November 25, 2021	9:00am – 1:00pm

***All Times are Eastern Standard Time**

Registration deadline November 4th, 2021

LIVE ONLINE COURSE

National trainer: Marc Ikin

Session #1: November 29, 2021	9:00am – 1:00pm
Session #2: December 1, 2021	9:00am – 1:00pm
Session #3: December 3, 2021	9:00am – 1:00pm
Session #4: December 6, 2021	9:00am – 1:00pm
Session #5: December 8, 2021	9:00am – 1:00pm
Session #6: December 10, 2021	9:00am – 1:00pm

***All Times are Eastern Standard Time**

Registration deadline November 18th, 2021

DECEMBER 2021

LIVE ONLINE COURSE

National trainer: Jason Jones

Session #1: December 6, 2021	2:00pm – 6:00pm
Session #2: December 8, 2021	2:00pm – 6:00pm
Session #3: December 10, 2021	2:00pm – 6:00pm
Session #4: December 13, 2021	2:00pm – 6:00pm
Session #5: December 15, 2021	2:00pm – 6:00pm
Session #6: December 17, 2021	2:00pm – 6:00pm

***All Times are Eastern Standard Time**

Registration deadline November 25th, 2021

To Register Please contact GLPTI directly at GLPTI@goodlifefitness.com or 514-609-4205