

LIVE ONLINE COURSE

Session #1: November 4, 2024	1:30pm – 6:00pm
Session #2: November 5, 2024	1:30pm – 6:00pm
Session #3: November 7, 2024	1:30pm – 6:00pm
Session #4: November 8, 2024	1:30pm – 6:00pm
Session #5: November 11, 2024	1:30pm – 6:00pm
Session #6: November 12, 2024	1:30pm – 6:00pm

On-line Exam: December 3rd, 2024 1:30pm – 4:45pm

***All Times are Eastern Standard Time**

Registration deadline October 29th, 2024 at 5pm EST

LIVE IN-PERSON COURSE

Burlington, ON: GoodLife Fitness, 777 Guelph Line, Burlington, ON L7R 3N2

Session #1: November 9, 2024	10:00am – 5:00pm
Session #2: November 10, 2024	10:00am – 5:00pm
Session #3: November 16, 2024	10:00am – 5:00pm
Session #4: November 17, 2024	10:00am – 5:00pm

On-line Exam: December 7th, 2024 9:00am – 12:15pm

***All Times are Eastern Standard Time**

Registration deadline October 31st, 2024 at 5pm EST

LIVE IN-PERSON COURSE

Ottawa, ON: GoodLife Fitness, 5 Roydon Pl, Ottawa, ON K2E 1A3

Session #1: November 9, 2024	10:00am – 5:00pm
Session #2: November 10, 2024	10:00am – 5:00pm
Session #3: November 16, 2024	10:00am – 5:00pm
Session #4: November 17, 2024	10:00am – 5:00pm

On-line Exam: December 7th, 2024 9:00am – 12:15pm

***All Times are Eastern Standard Time**

Registration deadline October 31st, 2024 at 5pm EST

LIVE ONLINE COURSE

Session #1: November 21, 2024	9:00am - 1:30pm
Session #2: November 22, 2024	9:00am - 1:30pm
Session #3: November 25, 2024	9:00am - 1:30pm
Session #4: November 26, 2024	9:00am - 1:30pm
Session #5: November 28, 2024	9:00am - 1:30pm
Session #6: November 29, 2024	9:00am - 1:30pm

On-line Exam: December 18th, 2024 9:00am – 12:15pm

***All Times are Eastern Standard Time**

Registration deadline November 14th, 2024 at 5pm EST

REGISTRATION FULL

COURSE SCHEDULE



LIVE ONLINE COURSE

Session #1: December 5, 2024	5:00pm – 9:30pm
Session #2: December 6, 2024	5:00pm – 9:30pm
Session #3: December 9, 2024	5:00pm – 9:30pm
Session #4: December 10, 2024	5:00pm – 9:30pm
Session #5: December 12, 2024	5:00pm – 9:30pm
Session #6: December 13, 2024	5:00pm – 9:30pm

On-line Exam: January 7th, 2025 5:00pm – 8:15pm

***All Times are Eastern Standard Time**

Registration deadline November 28th, 2024 at 5pm EST

LIVE IN-PERSON COURSE

Calgary, AB: GoodLife Fitness, 5111 Northland Drive NW, Calgary, AB T2L 2J8

Session #1: December 7, 2024	10:00am – 5:00pm
Session #2: December 8, 2024	10:00am – 5:00pm
Session #3: December 14, 2024	10:00am – 5:00pm
Session #4: December 15, 2024	10:00am – 5:00pm

On-line Exam: January 11th, 2025 10:00am – 1:15pm

***All Times are Mountain Standard Time**

Registration deadline November 28th, 2024 at 3pm MST

LIVE IN-PERSON COURSE

Thornhill, ON: GoodLife Fitness, 8281 Yonge Street, Thornhill, ON L3T 2C7

Session #1: December 7, 2024	10:00am – 5:00pm
Session #2: December 8, 2024	10:00am – 5:00pm
Session #3: December 14, 2024	10:00am – 5:00pm
Session #4: December 15, 2024	10:00am – 5:00pm

On-line Exam: January 11th, 2024 12:00pm – 3:15pm

***All Times are Eastern Standard Time**

Registration deadline November 28th, 2024 at 5pm EST

To register please contact GLPTI at 1-800-790-9269 ext. 546 or visit a GoodLife Fitness location near you.

